FOR IMMEDIATE RELEASE

Research Financial Strategies Launches "The 7 Train Wrecks" Podcast About Potential Market Risks
John ("Jack") F. Reutemann Jr., CLU, CFP® shares quick insights on economic warning signs

ROCKVILLE, Md., November 17, 2026 — John F. "Jack" Reutemann Jr., CLU, CFP®, of Research Financial Strategies, https://www.rfsadvisors.com, launched his new podcast, "The 7 Train Wrecks," Wednesday, November 12, 2026, at https://www.youtube.com/@researchfinancialstrategies. In under 15 minutes, Reutemann shares his opinion on seven current economic trends that may signal growing risks for investors.

"In my opinion, we are now at the beginning of what might be bear market number 23, and I want to share some warnings to help protect your wealth and family legacy," states Reutemann. "In each short episode, I'll walk you through the stories and charts I watch and tell you quickly what I think is ahead."

What are The 7 Train Wrecks to Watch?

1. XHB is under pressure from rising interest rates, geopolitical tensions, and affordable housing issues!

2. XLY is being pummeled by elevated inflation, and interest rates are decreasing consumer confidence!

3. With the 30-year period fixed at over 7%, buyers are walking away from the housing market!

4. Groceries cost roughly 33% more than they did in 2019, and shoppers are buying fewer items and abandoning the middle of the store!

5. The wealthy no longer buy whatever luxury car they want!

6. People are buying less alcohol!

7. The Shiller CAPE ratio is at 41. The last time was 2021. What does this mean to you?

Based on his book, "Your Financial Advisor Is Not Managing Your Money (And Never Was)," the podcast will challenge conventional approaches to investment management, including buy-and-hold strategies. Through the series, Reutemann hopes to encourage investors to think critically about market risk and how to prepare for potential downturns without jargon or boring analysis.

"It's time to know what's going on so that you can make smarter decisions about your hard-earned money," states Reutemann. "I'm on duty. I'm watching the stock market, and my job is to help protect your financial interests."

Learn more about Research Financial Strategies, explore the podcast, and schedule a consultation by visiting https://www.rfsadvisors.com.

Investment advice is offered through Research Financial Strategies, a registered investment advisor. The views expressed are Jack's opinions, offered for educational purposes only, and are not a recommendation to buy or sell any security.

About Research Financial Strategies
Research Financial Strategies is a financial advisory firm that focuses on personalized financial planning using proprietary investment methodology and technical analysis. With over 52 years of experience, John ("Jack") F. Reutemann Jr., CLU, CFP® is the Research and Financial Strategies Founder and CEO, the co-founder of the advisor educational program No More Pies, a member of the National Association of ACTIVE Investment Managers (NAAIM), and the author of "Your Financial Advisor Is Not Managing Your Money (And Never Was)." To learn more about "The 7 Train Wrecks" podcast and the Research Financial Strategies education-first approach to personalized investment strategies, visit https://www.rfsadvisors.com.

Media Contact: info(at)rfsadvisors.com, (301) 294-7500

# # #